

Fundraising cyclists on 'Poverty Pilgrimage' visit Dover Foodbank

Dover Foodbank welcomed two cyclists on a fundraising 'Poverty Pilgrimage' around East Kent in aid of the Church Urban Fund—the Church of England's charity working to alleviate poverty in the UK.



Noel Beamish, Chairman of CTiD, with fundraisers Keith and David

On Thursday 11th June, Keith Berry and David Kemp visited the Dover Foodbank during their 100 mile cycle ride, which they were completing over four days without any money. The cyclists were kindly provided with lunch by Dover Foodbank volunteers to help them on their way. During their visit, they also learnt first-hand about the processes involved at the Foodbank's warehouse, as they helped to receive a generous donation from pupils at White Cliffs Primary College for the Arts. Two car boots full of food were received, weighing in at almost 120kg.



Pupils from White Cliffs Primary College for the Arts deliver a generous donation of food

Dover Foodbank was one of eleven projects visited by Keith and David over the course of their journey. Keith explained more about the purpose of their cycle ride: "As well as trying to highlight the complex nature of poverty in this area, we also wanted this cycle ride to celebrate the many wonderful church and community-based projects which are happening all over the diocese, and to shine a light on the numerous people, often volunteers, who are committed to helping those who are living in urgent and desperate need in the diocese."

Over £600 was raised by Keith and David for the Church Urban Fund.

Dover Community Regatta

Volunteers of Dover Foodbank were at the Community Regatta on Sunday 30th August, giving visitors more information on what we do to help those in need in Dover.

Fun games and activities such as word searches were available, as well as the opportunity to see what types of food might be provided to a customer who visits the Foodbank. Children were able to join in by guessing the different hidden foods contained within four buckets, including cornflakes, pasta, dried peas and rice.

A Foodbank volunteer with Charlie Elphicke at Dover Foodbank's Regatta stall



Annual Warehouse Stock Take

The first week in September was a very busy time for our warehouse volunteers who carried out our second annual stock take.

Following a very successful Tesco collection in July, our stock levels were quite high which resulted in a lot of lifting and shifting. Since it took place over three consecutive days, it meant that we had to quarantine each warehouse area once the stock had been weighed in that section.

What did this involve? Well, each food type in our warehouse had to be put in a crate or box (if not already stored in one) and then weighed with the net weight recorded on a log sheet for each individual shelf location. The log sheets were then consolidated to produce the final statement used for audit and insurance purposes.

Needless to say, the team of volunteers worked tirelessly over the three sessions with some doing more than one session. It was hard work but as one volunteer said "who needs a gym workout?" Thankfully they only happen once a year!



Operation Stack in loo rolls!

Please note: a voucher is required before visiting Dover Foodbank. These can be obtained from Dover Gateway in Castle Street, or any of the agencies listed on our website: www.dover.foodbank.org.co.uk

Fundraising



Lilian at Headcorn Airfield

Skydiving Raised Funds for Dover Foodbank

A 78 year old Grandmother of six, Lilian Cardy, bravely completed a tandem skydive on 22nd July to help raise funds for a range of charities close to her heart, including the Dover Foodbank.

Lilian, a dedicated volunteer at the Foodbank's warehouse, made her jump of 12,000 feet at Headcorn Airfield in Kent.

A heartfelt THANK YOU to Lilian for her generosity and courage.

Harvest time at Dover Foodbank

Over recent weeks the Foodbank has received many donations from harvest festivals taking place at churches and schools in the local area. A huge thank you to all for your donations which continue to support people in crisis in the Dover area. Without your generosity we would not exist!

Some staff and pupils from Temple Ewell CEP School helped deliver the harvest collections from both the school and village church. Pupils Joshua and Reuben were able to learn more about how the Foodbank works and wrote some letters of thanks for their visit.

Thank you for letting us visit your Foodbank. It was interesting because we got to see where our harvest collection goes after it leaves our church and school. Foodbank is



a good charity to take part in. We hope it will help the poor people in Dover.

Thank you for letting us take part in your Foodbank collection. The fascinating thing about it was how much work you did in the time we were there and with so few volunteers. We were tired after one load, hope you weren't too tired at the end of the day?



A harvest basket from Capel Primary School

A number of other schools in Dover also participated in harvest festivals, and we are grateful for all of the contributions received.



Barton Road School's harvest festival display about fair trade and Dover Foodbank

There are a number of ways you can become involved in Dover Foodbank, through fundraising, volunteering or donating. Without our dedicated volunteers, we would not be able to continue supporting those in need in Dover and we are always looking to include more people in the work that we do at the Foodbank. If you are interested in finding out more, please get in touch. We'd love to hear from you!

On 1st October 2015, Dover Foodbank celebrated its 2nd birthday. We are so grateful for the continued support of those who generously donate food as well as those who give of their time to be able to help Dover people in crisis. Since opening, the Foodbank has been able to provide emergency food to around 3500 people.

Month in 2015	Total people fed in the month	Total people fed to date
May	73	2934
June	119	3053
July	129	3182
August	152	3334
September	165	3499

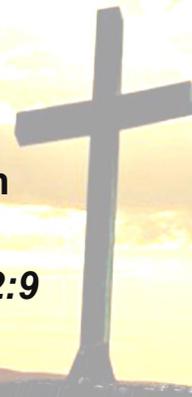
Dates for your diary

28th November: Christmas Fayre at St Peter and St Paul's Church, River—We'll be there!

3rd-5th December: Tesco Collection Days

The generous will themselves be blessed, for they share their food with the poor.

Proverbs 22:9



BEING BOMBARDED BY BAKED BEANS

You have all been so generous in donating Baked Beans that we are so overwhelmed and don't need any more for the time being.

We will let you know when our current stocks have been distributed.

Thank you!



Contact Us

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Website: www.dover.foodbank.org.uk

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