



Reverse ADVENT CALENDAR

A suggested *Reverse Advent Calendar* - but if you prefer to replace some of the suggestions with items of your own choice that is absolutely fine. Our website and Facebook page have up to date information of what we most urgently need. Contact info: info@dover.foodbank.org.uk / 07870 361180 or 07771 898884

1 Tinned Potatoes	2 Instant gravy	3 Custard	4 Christmas sweets	5 Jam	6 Drinking Chocolate
7 Christmas puds - small, alcohol free	8 Noodles	9 Squash	10 Cup soup	11 Tinned ham	12 Crisps
13 Sugar	14 Coffee	15 Trifle mix	16 Biscuits	17 Tinned Vegetables	18 Chocolate snack bars
19 Tinned Fruit	20 Sponge puddings	21 Tinned Fish	22 Christmas cake	23 Fruit juice	24 Minced pies - alcohol free

Dover.foodbank.org.uk

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